



# Real Talk Training Seminar

*Personal Transformation for Extra-ordinary Communication...*

## Unlock Sustainable Personal Change Through Real Talk Training:

- Connect Meaningfully with Team Members, Co-Workers, and Business Associates
- Make Conflict Less Damaging and More Productive
- Lead Engaging Meetings
- Excel in Customer Service
- Communicate More Effectively with Family
- Uncover Forgotten Dreams and Goals

## About the RTT Seminar:

**Real Talk Training** (RTT) is a one-day seminar that provides training in effective interpersonal communication skills. RTT is an **interactive** experience that features demonstrations, practice opportunities and constructive feedback.

Drawing from the same insights and principles found in Life Coach training programs, the RTT Seminar equips attendees to use professional coaching techniques to revolutionize their everyday communications.

The RTT Seminar provides interactive training in:

- Listening for the deeper meaning
- Asking powerful questions that open up new insights
- Solving problems permanently by avoiding unsolicited advice

Attendees will learn effective methods to get a response instead of a reaction, how to jumpstart a significant conversation with anyone, and how to avoid the #1 killer of authentic communication.

Don't miss this opportunity to unlock sustainable change in your ability to communicate!

## The RTT Seminar Outline:

- ✓ Session One: Real Talk Overview
- ✓ Session Two: Conversation Killers
- ✓ Session Three: Listening to What Really Matters
- ✓ Session Four: Ask More and Tell Less
- ✓ Session Five: Asking Powerful Questions

For more information, please contact Russ Painter, *Life Unlimited Coaching*, 732-574-8984